

Callanish

CEILIDH DANCE INSTRUCTION

Orcadian (or Shetland) Strip the Willow

Formation: Couples in a long line down the room, men on the right and ladies on the left as viewed from the band. Couples number from nearest the band.

Music: 6/8 jigs going into fast reels!

Bars: Description

1-8: 1st couple spin for 16 beats.

9-16 1st couple work down the opposite line (ie of the people of the opposite sex) turning side person LH, partner RH, next side person LH, ...

17-24: 2nd couple spin for 16 beats.

25-... 2nd couple work their way down the lines as 1st couple...

When 1st couple reach the bottom, they spin to the end of the phrase, then join the side lines. A new couple starts every 16 bars.