

Callanish

CEILIDH DANCE INSTRUCTION

Circle Waltz

Formation: A large circle, facing in, men have their partners on their right, hands joined. All begin on the right foot.

Bars:	Description
1-2:	All balance forward and back.
3-4:	Men release their partner's hand, with both hands, swing the lady on their left in front of them to finish with this lady on their right.
5-16:	Repeat this three more times and hold on to the last lady, to stand with both hands joined or in a ballroom hold. Repeat three times.
17-20:	Men begin with left foot, girls with right foot, move towards the centre, two chasses i.e. step to the side, close feet together, step to the side, close up, then again step close, step, close.
21-24:	Repeat chasses moving away from the centre.
25-32:	Waltz around the room, turning clockwise and moving anti-clockwise in line of dance.

Finish in one large circle ready to start again.

Alternative version

Bars

17-24: Take two steps towards the centre, drop hands, turn away from the partner right round and meet again. Repeat towards the wall.